

How to Clear With A Pendulum

1. Hold the chain over your pointer finger and let it rest.
2. Put your left hand facing upwards under the Pendulum and ask it to give you a YES. Whichever way it swings i.e. circular or backwards and forwards or side to side, that is your YES.
3. Turn your left hand over so the back is facing upwards and ask it to give you a NO. Whichever way it swings is your NO.
4. Once you have established your YES and NO you no longer have to hold your hand underneath the Pendulum while working with it.
5. All questions asked of the Pendulum must be phrased so that they have a Yes or No. It is not permissible to ask if you are going to win the lottery or if a friend has cancer etc.
You must have permission to ask about another person.
6. To clear negative energies - Clear your subtle bodies as follows:

Call in Archangel Michael or Archangel Raphael and the Team of White Healing Angels to be present now.

First clear your Physical Body by saying the following:

“Please clear my physical body of negative energies and other energies ready to be cleared today and send them up to the realms of Light to be transformed.”



Please clear in the same way your Etheric Body (that is the Mental/Emotional Body), and finally your Spiritual Body.

Each time you use your Pendulum it needs to be cleared and clean.

This can be done by washing it in water or holding it in your fist and saying the following:

“I am the Light of Christ Consciousness” x 3 times.